

# ONE IN THREE SENIORS ARE ELIGIBLE FOR A FREE GYM MEMBERSHIP



Many health plan providers and employers now offer health club fee reimbursement plans, with the intention of motivating seniors to make time for exercise and in turn, making the world a healthier place. So check with your benefits department to see if you qualify.



## Support

Every member gets a free, personalized Get Started Plan when they join. Our friendly, professional staff is trained to help you along your fitness journey, no matter how much support you need.



## Tools & Training

Getting to a healthier place is about more than going to the gym. That's why we offer personal training and classes when you're here, and the right tools to keep you on track when you're not.



## Convenience

With 24/7 access to more than 3,500 locations worldwide, you're joining the most convenient gym on the planet.



## Community

You're not just joining a gym. You're joining a supportive community of like-minded people who are here to give you the encouragement you need.



*Get to a healthier place.*

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